

Monthly Menu

Week 1

DAYS	MORNING TEA	LUNCH	AFTERNOON TEA
MONDAY	Assorted Fruit	Sandwiches with various fillings: Vegemite, cheese, jam, egg and lettuce etc	Sao's with Various Spreads Milk
TUESDAY	Assorted Fruit	Pasta Bake.	Cheese and Vegemite Scroll Milk
WEDNESDAY	Assorted Fruit	Shepherds Pie & Vegetables	Cheese & Biscuits Milk
THURSDAY	Assorted Fruit	Sandwiches with various fillings: Vegemite, cheese, jam, egg and lettuce etc	Muffins Milk
FRIDAY	Assorted Fruit	Sausage Casserole with Rice	Cheese, crackers, sultanas & veggie sticks.

Week 2

DAYS	MORNING TEA	LUNCH	AFTERNOON TEA
MONDAY	Assorted Fruit	Sandwiches with various fillings: Vegemite, cheese, jam, egg and lettuce etc	Sao's with Various Spreads Milk
TUESDAY	Assorted Fruit	.Pasta Bake	Muffins Milk
WEDNESDAY	Assorted Fruit	Sandwiches with various fillings: Vegemite, cheese, jam, egg and lettuce etc.	Cheese and Vegemite Scrolls Milk
THURSDAY	Assorted Fruit	Pizza (Ham & Pineapple, Vegetarian)	Piklets Milk
FRIDAY	Assorted Fruit	Sandwiches with various fillings: Vegemite, cheese, jam, egg and lettuce etc.	Muesli Bars Milk

Monthly Menu

Week 3

DAYS	MORNING TEA	LUNCH	AFTERNOON TEA
MONDAY	Assorted Fruit	Macaroni Cheese & Vegetables	Sao's with Various Spreads Milk
TUESDAY	Assorted Fruit	Sandwiches with various fillings: Vegemite, cheese, jam, egg and lettuce etc.	Banana Muffins Milk
WEDNESDAY	Assorted Fruit	Spaghetti Bolognese	Yoghurt & Fruit Milk
THURSDAY	Assorted Fruit	Sandwiches with various fillings: Vegemite, cheese, jam, egg and lettuce etc.	Piklets Milk
FRIDAY	Assorted Fruit	Sausage Casserole with Rice	Cheese, crackers, sultanas & veggie sticks.

Week 4

DAYS	MORNING TEA	LUNCH	AFTERNOON TEA
MONDAY	Assorted Fruit	Sandwiches with various fillings: Vegemite, cheese, jam, egg and lettuce etc.	Piklets Milk
TUESDAY	Assorted Fruit	Tuna Bake	Cocoa Cookies Milk
WEDNESDAY	Assorted Fruit	Sandwiches with various fillings: Vegemite, cheese, jam, egg and lettuce etc	Cheese and Vegemite Scrolls Milk
THURSDAY	Assorted Fruit	Sausage Casserole with Rice	Sao's with Various Spreads Milk
FRIDAY	Assorted Fruit	Sandwiches with various fillings: Vegemite, cheese, jam, egg and lettuce etc	Muffins Milk

