

Monthly Menu

Week 1

DAYS	MORNING TEA	LUNCH	AFTERNOON TEA
MONDAY	Assorted Fruit	Pasta Bake.	Arrowroots Milk
TUESDAY	Assorted Fruit	Sandwiches with various fillings: Vegemite, cheese, jam, egg and lettuce etc.	Cheese and Vegemite Scroll Milk
WEDNESDAY	Assorted Fruit	Shepherds Pie	Muffins Milk
THURSDAY	Assorted Fruit	Sandwiches with various fillings: Vegemite, cheese, jam, egg and lettuce etc	Cheese & Biscuits Milk
FRIDAY	Assorted Fruit	Tuna Bake	Cheese, crackers, sultanas & veggie sticks.

Week 2

DAYS	MORNING TEA	LUNCH	AFTERNOON TEA
MONDAY	Assorted Fruit	Pasta Bake	Sao's with Various Spreads Milk
TUESDAY	Assorted Fruit	Sandwiches with various fillings: Vegemite, cheese, jam, egg and lettuce etc.	Muffins Milk
WEDNESDAY	Assorted Fruit	Sandwiches with various fillings: Vegemite, cheese, jam, egg and lettuce etc.	Piklets Milk
THURSDAY	Assorted Fruit	Pizza	Cheese and Vegemite Scrolls Milk
FRIDAY	Assorted Fruit	Sandwiches with various fillings: Vegemite, cheese, jam, egg and lettuce etc.	Muesli Bars Milk

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Week 3

DAYS	MORNING TEA	LUNCH	AFTERNOON TEA
MONDAY	Assorted Fruit	Macaroni Cheese	Banana Muffins Milk
TUESDAY	Assorted Fruit	Sandwiches with various fillings: Vegemite, cheese, jam, egg and lettuce etc.	Sao's with Various Spreads Milk
WEDNESDAY	Assorted Fruit	. Spaghetti Bolognese	Piklets Milk
THURSDAY	Assorted Fruit	Sandwiches with various fillings: Vegemite, cheese, jam, egg and lettuce etc.	Yoghurt
FRIDAY	Assorted Fruit	Sausage Casserole	Cheese, crackers, sultanas & veggie sticks.

Week 4

DAYS	MORNING TEA	LUNCH	AFTERNOON TEA
MONDAY	Assorted Fruit	Tuna Bake	Piklets Milk
TUESDAY	Assorted Fruit	Sandwiches with various fillings: Vegemite, cheese, jam, egg and lettuce etc.	Cocoa Cookies Milk
WEDNESDAY	Assorted Fruit	Sandwiches with various fillings: Vegemite, cheese, jam, egg and lettuce etc	Cheese and Vegemite Scrolls Milk
THURSDAY	Assorted Fruit	Sausages, mash and veggies.	Muffins Milk
FRIDAY	Assorted Fruit	Sandwiches with various fillings: Vegemite, cheese, jam, egg and lettuce etc	Sao's with Various Spreads Milk

